

# Personal Budgets and Education, Health and Care Plans

## What is it?

A Personal Budget is when the places that support you work out **how much money** they are spending on your **support**.



For example, they might look at how much it costs to pay for someone to give you extra support at college or someone to help you with speaking and communicating.

You can use a Personal Budget in different ways.



Sometimes your **parents**, the **local authority**, your **school** or **college** or **another person** can look after your Personal Budget for you. The local authority is sometimes called 'the council'. They decide how to spend the money for your support.



Sometimes you can get the money **yourself** and work out how you want to spend it on your support.

You will get a plan to say what support you need. You must only use the money for the things in the plan.

## Who can have a Personal Budget?

If you:

- have **special educational needs**. This is when people need some extra help with learning things.
- you are aged between **16 and 25 years old**

**AND**

- you are getting an **Education, Health and Care plan**

then you can **ask** for a Personal Budget.



You do not have to have one. It is up to you.

**You or your parents can ask** for a Personal Budget when your Education, Health and Care plan is being written or is under review, which means it is being checked.



Sometimes the people who run the local authority or the health services will say no. They have to tell you why they cannot give you a Personal Budget.

If you need **help** understanding Personal Budgets, you can talk to your local **Information, Advice and Support Service**.